

7 SEGMENTS OF WELLBEING

FREE WORKSHOP FOR CHSP STAFF & VOLUNTEERS

The 7 segments Flagship Program is an expert-led- interactive, dynamic and highly engaging 2-day training program that boosts productivity, focus, and well-being, equipping teams to manage change and stress, and build healthy habits.

PROGRAM DETAILS

Date: Thursday 5th & Friday 6th June

Time: 9:00am to 4:30pm AEST

Where: Fairfield Community Hub Space
17 Kenyon Street, Fairfield

Facilitated by: BeWell Co



Register: <https://tinyurl.com/36kxba4z>



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