



## South West Sydney Ageing Forum

A network of services working together to support older people and their carers to remain independent in the community.

<https://supportservices.org.au>

## SWS Ageing Forum

**Tuesday 1<sup>st</sup> April 2024, Online**

**Chairperson:** Krystle Sands – Macarthur Disability Services

**Minutes:** Simone Lucidi - Leigh Place Aged Care

### **Attendees:**

Julie Dunne here on Dharug Land in South West Sydney from Ageing Australia

Amy O'Driscoll- Baptist Care South West Sydney

Bonnie Park from CASS Care

Annette Fenton, Australian Unity, Care Partner

Jacqueline Andres, Benevolent Society

Maria Athanasopoulos - Active Ageing Officer- Canterbury Bankstown Council

Phoebe Leung from Australian Nursing Home Foundation.

Paola Jamett-Caru, Liverpool City Council

Dat Nguyen, HomeCaring

Navani from SHARE SMR

Catherine Gonzaga, CatholicCare Sydney

Carissa from South West Community Transport

Anastasia Hadjisavas from GWC Community Services

Lucy Letner- Seniors Rights Service

Carmen Lei, CASS

Danielle Taylor, Fairfield City Council

Dhafir Muhsin, Western Sydney Migrant Resource Centre

Michael Ryan Business Development Officer NSW Australian Red Cross

Elaine Belleville

Eunice Sansour

Islam Elkahki

Jennifer Kasule

Komal Dayal-SHA

Lisa Lam

Maryann Harris

Maxine Goodwin

**Apologies:** Sandra Loyola-Sandovan, Anna Dang, Kimberley Rainer.

**Note:** Adam McCann (Long Service Corporation) cancelled his presentation (rescheduled for a later forum)

## **1. Introduction:**

- Welcome by Krystle
- Acknowledgement of Country
- Acceptance of previous minutes – Simone Lucidi/ Lucy Letner
- Overview of the agenda

## **2. Guest speakers:**

**Michael Ryan, Red Cross, Tele-Based social support & visiting at home program for the senior community**

- Daily welfare checks and social chats available 365 days/year
- Funded through CHSP, requires a MyAgedCare assessment
- Now approved to cover all aged care planning regions in NSW
- Seeking bilingual volunteers to expand language offerings
- No client contribution required - fully funded service

## **Q&A Highlights:**

- Referrals: Via My Aged Care/RAS teams.
- **Rural Coverage:** Dubbo, Bega, Northern Rivers, etc.

## **3. Volunteer Expos**

**Paola Jamett-Caru, Liverpool City Council**

- **Canterbury-Bankstown Expo:** May 13, Bankstown Sports Club (10 AM–1 PM).

Link [Volunteer & Work Experience Expo Bankstown EOI](#)

- **Liverpool Expo:** May 21, Lanier Community Hub (10 AM–1 PM).
  - Free stalls for organizations; workshops on volunteering/resume writing.
  - EOIs open until May 2.

Link [Liverpool Volunteer Expo EOI](#)

## **4. Sector Updates**

**Krystle Sands, Macarthur Disability Services**

- Aged Care Act Transition (July 1)
- Provider registration underway; ensure GPMS details are updated.
- CHSP clients must be assessed via My Aged Care.

- Support at Home Program: Handbook and pricing resources released.
- First Nations Commissioner Report: Published (feedback on aged care delivery).
- Upcoming Webinars:
  - Support at Home (April 3).
  - Digital Transformation Tech Talk (April 4).
  - Federal Budget: Aged care funding proposals highlighted

Presentation attached in the meeting minutes email.

## 5. General Business

- **Fairfield City Council Grants (Danielle Taylor):**
  - Age/Disability grants (closing April 4); next round in September.
- Grant writing training (April 7). [Link Grants and Funding Fairfield City Council](#)
- **CB City Active Seniors Program (Maria Athanasopoulos):** Term 2 booklet mid-April (no My Aged Care required).
- **Seniors Festival Recap:** 40,000 attendees in Sydney; stalls encouraged for 2025.

## 6. Info share

- CBCity Term 2 Active Seniors Booklet of activities and events is coming out mid-April. Visit our website [cb.city/ActiveSeniors](http://cb.city/ActiveSeniors) for the full program and how to book. Seniors do not have to have a MAC number.
- [CHSP Advisory Hub](#)

**The meeting closed at 11:00 am**

**Next meeting:** 3 June 2025 Online – Microsoft Teams

**Registration:** Via Humanitix

To receive ongoing communications/updates of the Forum, register via Support Services:  
[supportservices.org.au](http://supportservices.org.au)

SWS Ageing Forum Executive		
Eunice Sansour (She/her)	Krystle Sands	Simone Lucidi
SWS Sector Support Development Officer -Inclusive and Diverse Communities (IDC) 0451 172 653 <a href="mailto:ssdo@tmn.net.au">ssdo@tmn.net.au</a>	Sector Support Development & Training Macarthur Disability Services 02 4621 8400 <a href="mailto:Krystle.sands@mdservices.com.au">Krystle.sands@mdservices.com.au</a>	Business Development & Community Engagement Manager Leigh Place Aged Care 0415 834 442 <a href="mailto:simone@leighplace.com.au">simone@leighplace.com.au</a>
Lisa Lam / Danielle Taylor – on secondment	Paola Jamett-Caru	Sandra Loyola-Sandoval
Community Projects and Partnerships Officer (Ageing, Disability and Gambling) Fairfield City Council 9725 0441 <a href="mailto:dtaylor@fairfieldcity.nsw.gov.au">dtaylor@fairfieldcity.nsw.gov.au</a>	Community Development Worker Aged and Disability Liverpool City Council 8711 7408 <a href="mailto:jamett-carup@liverpool.nsw.gov.au">jamett-carup@liverpool.nsw.gov.au</a>	Community Development Officer – Ageing -City of Canterbury Bankstown 9707 9464 <a href="mailto:Sandra.loyola-sandoval@cbc.city.nsw.gov.au">Sandra.loyola-sandoval@cbc.city.nsw.gov.au</a>

## Information Share

**Name:** Nathan Nute

**Organisation:** Open Support

**Program/Position:** Community Development Manager

**Phone:** 0434 694 520

**Email:** [nnute@opensupport.org.au](mailto:nnute@opensupport.org.au)

**Website:** [opensupport.org.au](https://opensupport.org.au)

Open Support provides social isolation and loneliness capacity building programs where we work 1:1 with individuals to build confidence to engage with social activities. The team are outreach meaning we go to individuals and meet them in a public space to work with them (we do not go into homes). We have no waitlist in SWS (please note it states a waitlist online but this is for the East) and accepting referrals. To find out more go to our website: [Social Isolation - Connecting with Lonely People in Sydney | Open Support](#) you can refer from this page.

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**Name:** Annette Fenton -

**Organisation:** Australian Unity

**Program/Position:** MRN Social Support Groups / Service Coordinator

**Phone:** (02) 9093 9217

**Email:** [afenton@australianunity.com.au](mailto:afenton@australianunity.com.au)

Australian Unity Home Health is currently accepting new referrals for Home Modifications aimed at enhancing or maintaining a person's functional independence, enabling them to move safely and comfortably within their home.

These Home Modification services are available to customers in the Bankstown/Fairfield area and surrounding suburbs, provided through the Commonwealth Home Support Programme (CHSP) in alignment with the government-allocated aged care funding.

For more information about our services, please contact our Customer Care Team on 1300 160 170.

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**Ageing Australia** - CHSP Advisory Hub is a place you can go to find resources that will assist your organisation in accessing what you need, when you need it.

The Ageing Australia sector support and development (SSD) teamwork with other SSD providers to support the work they do and ensure you have access to resources from all over the country.

If you need any further assistance or would like to provide us with feedback, please feel free to contact us: [Get in Touch](#) or email [chspadvisory@ageingaustralia.asn.au](mailto:chspadvisory@ageingaustralia.asn.au)

**Ageing Australia-** The CHSP Community of Practice (CoP) on CaRE is a dedicated space for CHSP providers and stakeholders to connect, engage in meaningful discussions, and share knowledge. It also provides easy access to valuable resources and the latest CHSP updates in a user-friendly environment.

**How to get started:**

- Check your inbox for the **CaRE** invitation email and follow the steps to sign up for your account.
- Want your staff to join the CHSP Community of Practice? Send a list of names, titles, and email addresses to [memberrelations@ageingaustralia.asn.au](mailto:memberrelations@ageingaustralia.asn.au) and we'll assist with onboarding.

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**Catherine Gonzaga**

We have a free Liverpool Seniors Wellbeing and Social Group every Wednesday, 12 to 1:30 pm at CatholicCare Liverpool Office in partnership with Collective Leisure, Liverpool City Council, NSW Government its a 9 week program designed for over 65's to socialise whilst enjoying the benefits of physical activity. Please call Julia Bull on 02 8778 4222 for any enquiries.