



## Interactive webinar:

# INNOVATION IN CARER HEALTH

Caring roles can have a profound impact on carers' health, with evidence showing that carers experience significantly poorer health outcomes than non-carers. Join us for an open conversation guided by a carer-focused preventative and proactive health framework in primary care that recognises and addresses carers own health needs.

### Speakers:

- **Kiara Roche**, Carer, advocate, lived experience researcher, Carers NSW carer representative and member of the NSW Carers Advisory Council.
- **Luke Romer**, Aboriginal Health & Medical Research Council (AH&MRC).
- **Aislinn Lalor**, Rehabilitation, Ageing and Independent Living (RAIL) Research Centre, Monash University.
- **Melissa Docker**, Carers NSW - General Practice Carer Awareness project.

### Facilitator:

- **Maree Montgomery**, MLHD Palliative Care CNC Redesign & Innovation, Integrated Care and Partnership



**THURSDAY 23 APRIL 2026**  
10.30AM - 12.00PM

[Register here](#)



To find out more, please email [research@carersnsw.org.au](mailto:research@carersnsw.org.au) or phone 02 9280 4744