



South West Sydney Ageing Forum

A Network of Services Working Together to Support Older People and their Carers to remain Independent in the Community

<https://supportservices.org.au/sws-ageing-forum/>

SWS Ageing Forum 14 April 2026 Meeting Minutes

Chairperson: Krystle Sands -Macarthur Disability Services

Minutes: Simone Lucidi -Leigh Place Aged Care

Attendees (online):

NAME	ORGANISATION	EMAIL
Dat Nguyen	HomeCaring	dat.nguyen@homecaring.com.au
Kaylie Blyton	Department of Health, Disability & Ageing	kaylie.blyton@health.gov.au
Kirsty Young	SWSPHN	kirsty.young@swsphn.com.au
Maxine Krebs	CNC PACCS	maxinek@paccs.net.au
Jacqueline Andres	Care Finder Benevolent Society	
Carissa Zielonka	South West Community Transport	bdm@swct.com.au
Maria Kantarias	GWC Community Services	
Cristy-Lee Elturk	SWS Baptistcare	CElturk@baptistcare.org.au
Danielle Taylor	Fairfield City Council	dtaylor@fairfieldcity.nsw.gov.au
Fina Kimati	Department of Health, Disability & Ageing	fina.kimati@health.gov.au
Sofi Milosevic	SWSPHN	sofija.milosevic@swsphn.com.au
Catherine Gonzaga	CatholicCare Sydney	catherine.gonzaga@catholiccare.org
Dhafir	WSMRC	dhafir@wsmrc.org.au
Riam	WSMRC	riam@wsmrc.org.au
Krystle Sands	Macarthur Disability Services	Krystle.sands@mdservices.com.au
Simone Lucidi	Leigh Place Aged Care	simone@leighplace.com.au
Fiorenza Lops	Co.As.It.	Fiorenza.lops@coasit.org.au
Stephen Villon	The Benevolent Society Aged Care	Stephen.Villon@benevolent.org.au
Paola Jamett-Caru	Liverpool City Council	jamett-carup@liverpool.nsw.gov.au
Eunice Sansour	The Multicultural Network	ssdo@tmn.net.au
Maria Gorton	Activated Concepts	maria@activatedconcepts.com.au
Sarah Ryan	SWS Local Health District	sarah.ryan11@health.nsw.gov.au
Kiran	Multicultural care	connector@mc.org.au
Nhu Tran	CORE Community Services	ntran@corecs.org.au
Sandra Loyola-Sandoval	City of Canterbury Bankstown	Sandra.loyola-sandoval@cbcity.nsw.gov.au
Trina Colita	Northern Sydney LHD	Trina.Colita@health.nsw.gov.au
Shivani Pawar	IDC	
Zakira	Muslim care	
Breeda Kelly		
Irmina Sulkowska		
Vickie Payn		
Daniel Forsberg		
Maryann Harris		
Louise Swar		
Vicki Nash		
Popat Mane		
Meagan Beedle		

Jennifer Kasule		
Sushma Uprety		
Bernadette Grech		
Jess Yeoh		
Kelly Grasso		
Kimberley Rainer		
Zakira		

Apologies:

1. Welcome

- The meeting opened at 10:00 am.
- The Chair opened the meeting, provided housekeeping notes, and delivered an Acknowledgement of Country.
- Consent was received from attendees to record the meeting for minute-taking purposes.

2. Acceptance of previous minutes

- The previous meeting was held at Fairfield City Council.
- Services Australia presentation (Multicultural Service key points) Fairfield City Council – Community Development Grants
- Australian Red Cross
- Facing Dementia Together
- Sector updates

Moved: Paola Jamett-Caru

Seconded: Simone Lucidi

3. Guest speaker

Maxine Krebs, Clinical Nurse Consultant PACCS (Palliative Aged Care Consulting Service) - Advance Care Planning Workshops in SWS

0290869256 info@paccs.net.au www.paccsnet.au

Key points:

- PACCS is a multidisciplinary service with expertise in palliative care, aged care, mental health, wound care, and allied health.
- PACCS has been commissioned by Sydney Southwest PHN to increase Advance Care Directive (ACD) uptake across the district.
- Current data suggests approximately 3.5% of people have a documented ACD, though this figure is likely overstated.
- ACP is for all adults (18+), not only those with life-limiting illness.
- ACDs are legally binding in NSW when completed voluntarily while a person has capacity.
- Distinction made between:
 - **Advance Care Directive** – legally binding (completed by the individual)
 - **Values and Preferences Statement** – guidance document for those without capacity
- Importance highlighted of documentation being accessible within NSW Health systems (EMR).
- PACCS offers:
 - Community workshops
 - Workforce training
 - One-on-one support completing ACDs
- 56 workshops for 2026 are fully booked; 84 additional workshops planned for 2027–28.

Discussion highlights:

- ACDs are not related to Voluntary Assisted Dying, though personal preferences can be noted.
- Clients can self-refer to PACS or be referred by services.

- Best referral method is direct phone contact with PACS

4. Guest Speaker

Vicki Nash (Elder Abuse Action Australia), SafeSeniors

Key points:

- EAAA is the national peak body addressing abuse and mistreatment of older people.
- National Elder Abuse Prevalence Study indicates:
 - 14.8% of people aged 65+ experienced abuse in a 12-month period
 - Majority of abuse occurs in community settings
- Abuse types include financial, psychological, physical, neglect, and cultural abuse (recently recognised).
- Under-reporting noted, especially among older men and people with dementia.
- Safer Seniors Program:
 - Five online, self-paced modules for workers
 - Focus on recognition, prevention, response, and recovery
 - Jurisdiction-specific content for each state/territory
- Modules launched January 2026; early feedback is positive.
- The following is a link to register interest in the modules: <https://bit.ly/4oFSxog>

Discussion highlights:

- Modules are for workforce use (not general public).
- Strong emphasis placed on autonomy, ageism, and recovery.
- Importance of culturally appropriate care highlighted.

5. Fairfield City Council – Disability Inclusion Action Plan (DIAP) Update

Presenter: Danielle Taylor (Fairfield City Council)

- Fairfield Council currently closing community consultation phase.
- Seniors and age-related disability perspectives strongly encouraged to fill out the community survey, listed below.
- Online community survey link shared for Fairfield residents and service providers to share their experiences and opinions on accessibility in Fairfield City
- Link here: [Disability Inclusion Action Plan 2026 - 2030](#)

6. Sector Updates

- No confirmation yet on future funding for Sector Support beyond 30 June.
- Reminder:
 - Aged Care Reform Sector Pulse Survey closes **Monday, 20 April**
 - Ongoing training available via Care of the Ageing Forum
 - Liverpool Reform Information Session scheduled **Wednesday, 22 April**

Reminder: The Department of Health, Ageing and Disability and Ageing, Aged Care Reform Sector Pulse Survey, closes 20 April - The survey seeks input from aged care providers, sector workforce, assessors, and people who deliver services to the sector, including health workers, allied health professionals, and IT service providers to assist the Department in how they can best offer guidance and support. All responses are confidential.

Click here to access the survey: [Have your say on the aged care reforms | Australian Government Department of Health, Disability and Ageing](#)

Training and Resources being delivered by the National SSD:

- **SWS Ageing Forum Support Services Website**
For CHSP, Aged Care and Community Service Providers (500 members)
FREE to join to receive fortnightly newsletters, resources, training, service directly [Register Here](#)

- **SWS Ageing Forum Aged Care Reform Information sessions (Providers & Seniors)**
 - **Liverpool Aged Care Reform Information Session**, Wednesday 22 April, 10am- 12pm (Providers), Seniors, 1-3pm, at the Multipurpose Room, Lurnea Community Hub - Paola, Liverpool council coordinating the session
https://forms.office.com/pages/responsepage.aspx?id=JgKljlvtUGCA_c8WlpTYWCRHalAoyVMhVAKi_Yiyb1URUx...
- **DEX Reporting Updated Requirements**, Tuesday 21 April), 2-3pm ONLINE (AEST) -[Register here](#):
- **DEX Reporting Essentials for CHSP Providers: From Basics to Reforms** - 23 April, 10-11:30am (AEST) - Online. [Register here](#):
- **Quality Standards for Diverse Communities** - Panel session, Thursday 7 May 2026, 11:00am - 12:00pm (AEST) - Online. [Register Here](#)

7. General Business

- **Kimberley Rainer** (Healthy Ageing Team at SWSLHD) announced the launch of a walking group for carers (Heart Foundation):
 - Weekly, Wednesdays 10:00am
 - Location: Lizard Log, Western Sydney Parklands
 - To register or learn more: <https://www.heartfoundationwalking.org.au/fundraiser/id-kqxsa9/carers-walking-group-wetherill-park>
- **Walking Soccer** hubs for over 65s recommencing across Fairfield, Liverpool and Campbelltown
 - Registration here: [Expression of Interest - WalkSoccer for Over 65's](#)

WalkSoccer NSW – Greater Western Sydney [GWS] Weekly Schedule
 as at 12/04/26b, John Hanley, john.hanley@wfnsw.org, 0411377165
<https://opensports.net/wfnsw/tab/events>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 to 11:30* Emerson Futsal, Wetherill Pk (Fairfield CC)	09:30 to 11:00* Onslow Oval, Camden (Camden CC)	10:00 to 11:30* Phillips Pk, Lurnea (Liverpool CC)	10:00 to 11:30* Bradbury Oval, (Camp'town CC)	10:00 to 11:30 Graf Park, Yagoona (Canterbury-B CC)		07:30 to 09:00 Jones/Ollie Webb Pk, Parramatta (Parramatta CC)
10:00 to 11:30 Ray Marshall, Granville (Cumberland CC)	17:30 to 19:00 Emerson Futsal, Wetherill Pk (Fairfield CC)		17:30 to 19:00 Emerson Futsal, Wetherill Pk (Fairfield CC)	10:00 to 11:30 Wanderers 5's, Rooty Hill (Blacktown CC) 08/05/26		

* Over 65's (Seniors), in-school terms

TBC Over 40's (Open Seniors) WIP - Camden, Campbelltown, Liverpool, Marconi, Penrith

- **SWS Collaborative for the Prevention of Abuse of Older People**. Next meeting Wed 10 June, 2pm-3pm. Contact Eunice on: ssdo@idc.org.au if you are interested in attending
- **Sandra Loyola Sandoval** announced:
 - Senior Safety & Wellbeing Seminar
 - Date: 15 June
 - Venue: Canterbury League Club
 - Focused on culturally and linguistically diverse seniors.

8. Close

- Meeting closed at approximately 11:25am.

Next meeting: Tuesday 2nd June 2026 – Online

SWS Ageing Forum Executive		
Eunice Sansour	Krystle Sands	Simone Lucidi
Sector Support Development /Manager Inclusive and Diverse Communities Inc (IDC) 9791 9765 ssdo@idc.org.au	Sector Support Development & Training Macarthur Disability Services 02 4621 8400 Krystle.sands@mdservices.com.au	Business Development & Community Engagement Manager Leigh Place Aged Care 02 8522 5800 Simone@leighplace.com.au
Danielle Taylor	Paola Jamett-Caru	Sandra Loyola-Sandoval
Community Projects and Partnerships Officer (Ageing, Disability and Gambling) Fairfield City Council 9725 0441 dtaylor@fairfieldcity.nsw.gov.au	Community Development Worker Aged and Disability Liverpool City Council 8711 7408 jamett-carup@liverpool.nsw.gov.au	Community Development Officer - Ageing City of Canterbury Bankstown 9707 9464 Sandra.loyola-sandoval@cbc.city.nsw.gov.au

Information Share

Name: Maxine Krebs

Organisation: PACCS (Palliative Aged Care Consultancy Service)

Program/Position: Advance Care Planning in collaboration with SWSPHN. Clinical Nurse Consultant/Project Lead

Phone Number: 02 9086 9256

Email address: maxinek@paccs.net.au

Advance Care Directive project: acp@paccs.net.au

Please see attached.

Free Advance Care Planning workshops are fully booked for 2026.

Bookings open for 2027 Advance Care Planning workshops for community and professional groups (spaces are limited).

1:1 support with Advance Care Directives and/or Values & Preferences Statements via appointment. Email (preferred) acp@paccs.net.au or ph. 02 9086 9256.

Name: Sandra Loyola-Sandoval

Organisation: Canterbury Bankstown Council

Program/Position: Community Development Officer - Ageing

Phone Number: 002 9707 94 64

Email address: sandra.loyola-sandoval@cbcity.nsw.gov.au

Volunteer and Pathways to Employment Expo

Join us at our community expo to connect with local organisations offering volunteer opportunities, pathways to employment and support. Discover practical tips, hear real stories and take your next step with confidence.

What's on:

- Inspiring guest speakers and volunteer experiences
- Information sessions on building a standout resume and using LinkedIn effectively
- Volunteer coordinators from local organisations ready to chat

When: Tuesday, 26 May

Time: 10am-1pm

Venue: Conference Rooms, Level 8, Western Sydney University, Bankstown City Campus, 74 Rickard Rd, Bankstown

Find out more at cb.city/VolunteerWorkExpos or scan the QR code or contact 9789 9472



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Interested in exploring different pathways to employment?**

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Thank you to Western Sydney University for providing the space to hold the Expo. Brought to you by City of Canterbury Bankstown in collaboration with Canterbury City Community Centre, TAFE NSW, MTC FutureReady, Macarthur Disability Services, Inclusive and Diverse Communities Inc. and Sydney Community Forum.